



**Award
Winning
Caterer & Chef**

the knot
BEST OF WEDDINGS
HALL OF FAME

Chef . Author . Speaker
Atlanta, Georgia

**About
Chef
Samone**

Chef Samone (Atlanta, GA) first experienced her passion for cooking at the age of 9, that started with her grandmother and dad teaching her some family recipes. As a young girl learning how to mix seasonings, Samone continues to build her career around her passion for *food, people and creating dining experiences.*

Coming from a family that served in the United States Military, at the age of 18 Samone enlisted into the US Army as a Food Specialist stationed in Germany. There she was exposed to kitchen management, food service, and cooking for large quantities of people. Having received her degree in Hospitality and Tourism and also graduating from Le Cordon Bleu in Orlando, Chef Samone left culinary school inspired to be an entrepreneur and started servicing clients as a personal chef. In 2003 Samone founded Wishful Concepts Catering which initially provided weekly meal prep services, but quickly grew into a full service catering company providing food experiences for weddings, corporate functions and festive occasions.

Just as her company was taking off, her previous marriage, clients and business fell apart while experiencing a season of instability due to homelessness in 2004.

By Samone journaling her experiences, overcoming a suicide attempt and surviving homelessness, her documented journey eventually transformed into a biography. Chef Samone later wrote about her personal challenges in her spiritual memoir titled *Lily In The Valley* published in 2007. Her personal journey and passion for women, inspired her to build an award winning catering company that serves people from all walks of life.

Samone has appeared on two Food Network competition shows: *Food Network Star Season 14* and *Cooks vs. Cons Season 5*, is an author, certified life coach, culinary leader, speaker, and entrepreneur passionate about how food makes people feel. Chef Samone is eager to share her experiences and support other women who are on their road to greatness.

Available For

Film Catering . Weddings
Private Events . Speaking
Commercials . Television
Personal Chef Services

Appearances

Cooks Vs. Cons - Season 5
Food Network Star - Season 14
Good Day TV 45

Press & Publications

Edible Orlando
Food Network Magazine
Orlando Sentinel
Sanford Herald
TheKnot Magazine

Mail

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Highlights & Accomplishments

+ Published Books

Timeless Voices: The International Library of Poetry (2006)

Lily In The Valley (2007)

Bruised But Not Broken, Co-Authored (2010)

Life is An Attitude: The Power of Positive Living, Co-Authored (2011)

Sister to Sister: A Guide for African American Girls, Co-Authored (2011)

Single & Loving It: Secrets for the Single African American Woman, Co-Authored (2012)

+ Community Service

Orange County Women's Work Release Center (2005-2009)

Prison Ministry/Lowell State Prison (2005-2009)

Orange County Juvenile Center (2006-2007)

Meals on Wheels (2006)

Homeless Coalition of Orlando (2006-2007)

Florida Orange County Public Schools - Honorary Teacher (2016)

+ TV Appearances

The Good Life/TV 45 Central Florida - Television Interview (February 2009)

Cooks Vs. Cons Season 5, Food Network - Contestant (February 2017)

Food Network Star Season 14, Food Network - Contestant (February 2018)

+ Memberships

The Personal Chef Association

The American Culinary Federation

The James Beard Foundation

+ Press

Orlando Sentinel - [Local Chefs To Compete On TV's Food Network Star](#)

People Magazine - [New Season of Food Network Star, Kicks Off in Universal Orlando](#)

Food Network - [9 Questions with Samone Lett, Food Network Star Finalist](#)



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